

# SCHEDULE

TIMING	MONDAY	Tuesday	Wednesday	Thursday	Friday
8:30-9:30 AM		PILATES		PILATES	
9:00-10:00 AM	BRAZILIAN BUTT		TRX/ BOOTCAMP		BELLY DANCE
10:00-11:00 PM		ZUMBA			
7:00-8:00 PM	BOOTCAMP	BODY TONING	TRAMPOLINE	CYCLING	PILATES
8:00-9:00 PM	POUND	CYCLING	PILATES	BOOTCAMP	
9:00-10:00 PM	BELLY DANCE				
9:30-10:30 PM			BELLY DANCE		